



THE CATHEDRAL CHIMES

The Monthly Newsletter of the Cathedral of Saint John the Evangelist

Dear Cathedral Family,

It is good to be sending out the *Chimes* again! The *Chimes* has been on hiatus since our March edition, which I know that many of you have noticed and have missed the *Chimes* in your physical or email mailbox. In the first two months of increasing precautions to prevent the spread of the COVID-19 virus, including Governor Inslee's "stay-at-home" directive, we were not sure what to communicate to you in the *Chimes*. We had hopes for returning to worship in our usual ways but that was not possible.

In the months since March, we have shifted the way we hold worship, how our music ministry functions, and what we can offer for the Sunday forum, youth groups, and Sunday school for children, as well as how committees, guilds, and other ministries can meet. We have reached out to you via phone calls (more on that below). We have reached out to those whose email addresses we have with three or four emails a week to offer prayer & reflection, to invite you to a mid-week pause for music & prayer, to remind you about how to join us for worship and fellowship online, and for sharing notes of encouragement and context, as well as information, in these days of pandemic and also reawakened protest and conversation about the role race and racism plays in our community and society, as well as our faith. In these email communications, we can be more nimble than in a monthly newsletter format.

With this late-summer *Chimes*, the Cathedral will resume our

schedule of mailing and emailing the *Chimes*, with the next edition timed for October.

I want to highlight one new ministry effort that the Cathedral Life committee created—the neighborhood groups! It has been a labor of love by a subset of the Cathedral Life committee—led by chair Karen Byrne, Peggy Johnson, John Wallingford, and Priest Associate Arlen Farley—to work with St. John's database and directory, sort congregants by zip code, and create neighborhood groups of six to ten households.

Nearly 450 households have been sorted into over 40 neighborhood groups from Valleyford in the south to Nine Mile, Deer Park, Colbert, and Mead in the north. Our congregants drive from Coeur d'Alene and Post Falls in the east to Davenport, Reardan, Medical Lake, and Cheney in the west. Additionally, we have neighborhood groups across Spokane and Spokane Valley, with a greater concentration, and so smaller neighborhoods, on the South Hill. Through this effort, we have learned that St. John's Cathedral is a destination church (meaning that people drive past many other churches to come to the Cathedral) and a neighborhood church (meaning that people can walk or drive for a few minutes to come to the Cathedral). And we have also learned that we are neighbors to each other across the region.

A "captain" has been placed in each neighborhood. You have probably heard from that person! Captains were asked to call each household, or to otherwise be in

contact, in order to introduce themselves and to say a little bit about the neighborhood groups. We also asked each captain to help us clean up our database by asking some questions about addresses, phone numbers, and email addresses, as well as if the household is still connected to the Cathedral or has moved to another faith community. We have learned that a number of phone numbers are no longer in service and so captains are reaching out to those households by mail. We have learned that some of those households no longer consider themselves part of the Cathedral congregation and we bid them all of God's blessings.

The neighborhood groups are about far more than database clean up. These are a way for the Cathedral to reach in and to reach across to support one another more strongly and closely because we are neighbors to one another. Some groups have discovered that they live in the same few blocks but had previously only knew each other at worship. The clergy and the Cathedral Life committee have left space for each neighborhood group and captain to decide how best to be a Cathedral neighborhood. For some, they want to gather together for small group worship in the upcoming months. For others, they want to come together for a meal and to get to know one another. Some groups want to share emails or phone numbers so that they can ask one another for help as they have need. And still other groups and captains are discerning how they want to be neighbors.

Continued on page 2

Continued from page 1

In upcoming weeks, watch your mailbox for a postcard from the Cathedral Life committee and your neighborhood captain.

Across these months when we have not been able to gather safely for in-person worship, I have said the phrase that many clergy are saying: our building is closed but the Church is open and at work in the world. This is an important lesson for us to continue to hold in the months ahead and further in the future when we are able to resume day to day life with a new sense of normal. Throughout the Bible we are reminded time and again that God is with the people of God. We can look to Exodus and the ancient Israelites sojourning through the wilderness, learning what it means to follow and trust God when their world and ways of being have changed. We can read in Matthew, this year's lectionary Gospel, about the followers of Jesus as they learn what it is to be disciples, building community with one another as a small group and being in community with the wider community of followers of Jesus as well. We can learn with the new Christian communities to which Paul wrote about ways of being the Body of Christ together across what seem to be differences but what turns out to be harmony, even in times of stress and suffering. In all of these ways, and even outside of the Cathedral buildings, the people of God and the Church and this community of St. John's Cathedral are active—praying, serving, seeking, helping, and at worship. Thanks be to God!

In Christ's Peace and the Spirit's Power,
Dean Heather

Family, Children, & Youth Ministry

The first month and a half of quarantine were a flurry of managing work and children and youth at home in school. The opportunity of yet another zoom session for our kids in the midst of online learning was not immediately appealing so there was simply an uptick in communication as we reached out to one another to explore needs and experience in this new time.

With younger children in mind, Dean Heather and I began to record weekly children's chapel videos combining the music experience Brendan Biele usually brings to Sunday School, the space experience of our recently remodeled classroom, and the lectionary story-based teaching we had been doing during the 10:30am service. These are going live on Sunday mornings from the recently revamped Family, Children, & Youth Facebook page (<https://www.facebook.com/cathedralchildrenandyouth/>). Families are encouraged to like and follow along for other resources and connection. We then share the videos from that page to the Cathedral page where much our online life is happening these days.

With much of our ministry with families who have younger children happening via phone and Facebook, there have also been some exciting renewal work done on the physical spaces for families in Cathedral. Lisa Church and Sarah Robertson spent months clearing out and then re-furnishing, painting, and organizing a beautiful new Sunday School classroom for our growing program. We give thanks for their ministry and look forward to using these spaces again in time. The children's soft space in the Cathedral Nave has also been given a facelift with beautiful new rugs which are eco-friendly and free of chemicals, as

well as new carpet padding. Outside the Cathedral, children from the neighborhood have already begun to explore the new labyrinth! A reminder that labyrinths are wonderful gifts for children's spirituality as well as adults.

Youth ministry went online in March along with everything else. While school was still in session, youth from St. John's connected via Zoom with youth around the larger Spokane region and diocese. In addition to check-ins, our high school youth did an in-depth study of St. Paul's letter to the Philippians and a reading of Madeleine L'Engle's *A Wrinkle in Time*. They also offered leadership at the diocesan level as plans were developing for Camp Cross. They have navigated losses and ministry these last few months with selflessness and resilience. Among our St. John's community, we shout-out Cassie Gortner for being asked and accepting the role of Diocesan Youth Leadership Team Coordinator!

The middle school youth in our regional ministry have had lively and vital connections twice a week via Zoom. This summer they've been doing a study of creation in conjunction with a gardening project at each of their respective homes. Tomatoes, faith, and relationships have been growing together!

Meanwhile, Camp Cross staff has been hard at work making our diocesan camp even better for what we hope will be a wonderful summer at camp next year. We give thanks for Elaine Patrick and Pia Longinotti's formal work there!

The Family Ministry Committee is working on exciting plans for the fall which will be announced soon.

Contact Rev. Arlen with any questions: arlenf@stjohns-cathedral.org

Worship & Learning & Fellowship Continue

Although our beautiful building is currently closed, our church isn't! We continue to gather for worship and prayer and music and pastoral care and learning and fellowship ... through phones and computers and tablets.

Our Facebook page is the place to check for most of these offerings: www.facebook.com/StJohnsCathedralSpokane Sometimes, we get inspired and add an offering at short notice. Usually, we announce gatherings and how to check in through our Monday and Friday "Cathedral Connections" email—delivered to your email address. You can be added to the Cathedral Connections mailing list by contacting Joan: secretary@stjohns-cathedral.org

Worship

At this time, we're offering **Morning Prayer on Sundays at 9am**, with a carillon prelude beginning at 8:45am. This is live-streamed on our Facebook page. If you're not able to tune in as we broadcast, you can go to the Facebook page any time afterward and play the video.

We are also offering **Outdoor Worship on Sundays at 10:30am**, when the weather permits. Join us on the lawn at 13th and Cowley. Bring a lawn chair or blanket, be prepared to wear a mask and practice physical distancing throughout the service. This service will sometimes include Holy Communion.

Other services are offered as the spirit moves; check our Facebook page to find them.

The Diocese is offering a service at 10:30am each Sunday, with churches throughout the diocese scheduled for each week, found on their website: www.spokanediocese.org/Worship/worship-online

Coffee Hour

Each Sunday we offer coffee hour at 10am. These are offered through Zoom video conferencing, so look for that link in Cathedral Connections the Friday prior.

Faith Formation

God continually forms us even as we have had to change some of our patterns of doing so. In the coming months, the Adult Formation Committee has planned three ways to connect with God and with one another as we explore the way we live our Christian faith. We look forward to your input and participation!

The season of exploring race and the church continues! We began with two conversations with Dr. Greg Garrett, "A Long, Long, Way," which are available as recorded videos on the church Facebook page. We will continue these conversations on a more-or-less biweekly basis for the foreseeable future and are looking forward to viewing pertinent material together and hearing from a variety of speakers to learn and grow together into God's Beloved Community. For our next conversation we will view *White Savior: Racism in the American Church* (2019) with discussion following on **Wednesday, August 26**. This hour-long documentary explores the historic roots and ongoing relationship between racism and American Christianity. Watch for information about how to participate closer to the date!

We would also like to explore offering small group study related to race and faith. To that end, we are surveying all of you about your interest in participating in a dialogue circle following the **Sacred Ground** series created by the Episcopal Church. It involves pre-meeting preparation (films,

readings) and dialogue circles for participants to work through American history and your own history related to race and the Christian story. Please let us know of your possible interest through this form! [\[https://forms.gle/94dKruDfutw27JYP8\]](https://forms.gle/94dKruDfutw27JYP8)

Sunday Forum will return this Fall! We are looking forward to beginning with the diocesan study, "Creating Our Way Through," a 5-part film & discussion series on art and God. We will meet electronically beginning in **October**. You can learn more about this study from the diocese at the diocesan website [\[https://spokanediocese.org/dfc/newsdetail_2/3204144\]](https://spokanediocese.org/dfc/newsdetail_2/3204144)

In addition, we commend to you all participation in the virtual Diocesan Convention, to be held on **Saturday, October 17**, 9am-12pm. While the Presiding Bishop will not be joining us as originally planned, three fantastic free workshops are being offered in collaboration with leadership in the Episcopal Church. The titles of the workshops are: 1) Welcome and Belonging in the Digital Sphere; 2) Becoming Beloved Community NOW; and 3) Tilling Our Fields and Planting New Seeds. Read more about each workshop, and register for the one you feel most drawn to, at the diocesan website: <https://spokanediocese.org/annual-convention.html>

Youth Ministry

The Youth Group continues to gather and connect virtually. Contact youth minister Elaine Patrick for more info: youth@stjohns-cathedral.org

The Windfall Is Open!

The Windfall is open Thursday and Saturday with regular hours: Thursday 12:30pm-5:30pm, and Saturday noon-5pm.

Donations are currently being accepted at the store during business hours. Starting August 22, donations will be accepted at the Cathedral every Saturday, 11am-noon, at the triple doors of Jewett House, on the circle drive.

Our wonderful volunteers have spent an estimated 60 hours re-opening the store for the reopening. Everyone has worked very hard and we believe the newly reconfigured store charmingly reflects the thought and effort of the volunteers. We have made many improvements, including new paint and landscaping, and a fence at the rear of the building. Come and check out our new flooring which we think is lovely as well as practical.

Many of our regular customers visited the first day and it has been a pleasure for the volunteers and the regular customers to finally see each other and “catch up.” Please stop by to shop, donate or just say hello.

Passages

Rest in peace:

Charles Clifton Bradley, Jr
12/22/1937—3/12/2020

William Robert Ellis, Jr
2/23/1954—4/25/2020

William Carlin Fix
5/3/1926—5/30/2020

James Francis Conaty
10/9/1938—5/31/2020

Regina Billeter Manser
12/14/1931—6/3/2020

Wardé Anthony Berbari Bayyuk
11/17/1935—7/9/2020

Earl Everett Duell
4/12/1933—7/11/2020

Outreach Matters!

The Outreach Committee

Like all of us, our Outreach Committee has had a very different year. Our meetings are via Zoom and much of our volunteering has been put on hold. We are still meeting and supporting the many community agencies that are providing vital services at this difficult time.

Our committee has the responsibility of distributing the portion of the Leuthold Endowment that is designated for community outreach. The Leuthold Endowment Fund was created in April 1996 and that document directed that twenty percent of the annual distributable net income was to be used for community outreach. This year we have about \$29000 to distribute. We have distributed a total of \$23,200 so far this year. The agencies that have received these funds are: Cup of Cool Water, Mid City Concerns Meals and Wheels and the Senior Center, VOA Crosswalk, West Central Episcopal Mission, Family Promise, Shalom Ministries, Our Place Ministries, Daybreak, Martin Luther King Center and SNAP. We will be allocating the remainder of these funds in August.

Service League, St. Monica's Guild and St. Nicholas Guild also contribute to the outreach efforts of the Cathedral. Through the generosity of their members, they support Family Promise, VOA Crosswalk, Cup of Cool Water, Meals on Wheels, Shalom Ministries, Second Harvest, West Central Episcopal Mission, Transitions and Women's Hearth.

During this unprecedented time of need, Service League has partnered with Grant Elementary, a local elementary school neighbor of The Windfall Thrift Shop. Service League has donated almost \$5000 to help this school in The Perry District.

When we begin to gather again at the Cathedral, please remember how St. John's Java benefits missions of the Episcopal Diocese. The Outreach of St. John's Java touches

those outside and inside our community, helping with needed resources for Family Promise, Meals on Wheels, West Central Mission, United Thank Offering, St. Jude's Children's Hospital, the Bishop's discretionary Fund, Episcopal Relief and Development, aiding in disaster relief and more. Our baristas help choose where funding from their tip monies go. Just as important as the financial outreach, our baristas serve great coffee beverages and engage visitors in conversation and share some of the hospitality offered at St. John's. People come through our doors often looking for a safe place and the coffee cart can offer them a hearty welcome and sense of dignity, recognizing they have a place here.

This Spring, the Cathedral's Community Garden expanded beyond its fencing and literally into the community. Members of Landscape and Grounds, who are affiliated with the Associated Garden Clubs (AGC) of Spokane, contacted various Cathedral members to help them distribute plants and veggies since AGC was unable to have their plant sale due to the pandemic restrictions. Jennifer Ogden, Seth and Sarah Robertson, Judy Beane and Marguerite Greene distributed over 50 plants to those that need them, including 36 full and lovely house plants to seniors and shut ins, (which Seth and Sarah Robertson delivered, turning their family van into a portable greenhouse!) Judy Beane gave some plants to Meals on Wheels and Marguerite Green some veggies and plants to neighbors wanting to start their gardens. This is what “community” in Community Garden means!

Please contact me with any questions. I am looking forward to when we can gather in person and resume our tradition of volunteering with our community partners.

Ann Harder, Outreach Committee Co-Chair; 509-994-8938
annharder@gmail.com

Stewardship Notes

Dear Friends,

A couple years ago I'd raised the prospect of sung Morning Prayer, remembering reverently the melodies I'd grown up with when Holy Communion was a once-a-month event. These days we have exactly that service again, beautiful as ever, even if on Facebook. Our clergy have responded to the times, our church has found another expression of the truths we know in our faith.

Our clergy have also persisted through times of social distancing in answering pastoral needs, in raising up our youth with mindfulness of faith, of marching for the rights of those whose voices are faint. The current times make the job of our clergy much harder. Still, Dean Heather opens the Cathedral for individual prayer. There are more individual phone calls to make. We have to stand at a distance when our hearts yearn to hug each other. Rosie pays the bills. Joan sets up the bulletin. Richie repairs the sprinklers. Mbale cleans and sanitizes surfaces. John offers Wednesday noon concerts. Andrea plans music for Sundays and for the choir to gather online. The committees meet by Zoom to address building repairs, build a new website, collect jars for champagne mustard, telephone the whole congregation, and build new relationships.

Church goes on. We don't have our usual patterns, we miss the short hellos in the pews, the chance to casually connect in normal time. And we try to quiet our anxiety as we wait for those normal times to return.

The congregation has continued to financially support the work of the Cathedral in these times of special need. Most people have been able to fulfill their pledges in a timely way, a testament of faith. Some are in new circumstances that may necessitate a reduction in their payments, another testament of faith. Some who rely on physical presence in church to remind them of their pledge or who contribute through plate offerings can all the office and speak to Rosie

about alternate ways to make payment. We have a common service for each other and for our neighbors.

On behalf of the Stewardship committee (Sarah Robertson, Elliott Briggs, Robert Stevens, Tom Stice, Robin Morrissey), we give you our thanks. We are beginning our work for the 2020 pledge campaign, preparing the information about the income needed and expenses expected in 2021. It may be the most challenging campaign ever, but it comes at a time when the need for faith and for church to nurture that faith is more important than ever as well. In the meantime, as Elliott Briggs said in our recent meeting, "The Building may be closed but the Spirit is Alive."

Being With,
John Wallingford
Stewardship Chair 2020

Financial Support for Our Ministries

Even when we cannot gather together in person, the work and ministry of the Cathedral continues. We ask you to continue your financial support for the Cathedral in these ways:

- You can mail your check to the Cathedral.
- You can use bill pay through your bank. This is free for both you and the Cathedral.
- Sign up via [Tithe.ly](#) to have your donation automatically deducted from your charge / debit card. Here, you can choose to pay the service fee associated with your donation if you wish. If you have a smart phone, you can text the word **give** to (425) 441-3395 to get started. This number is specific to St John's Cathedral.
- If you would like to use your Visa / MasterCard, you can also call Rosie and she can take your information and run your donation for you.

Many thanks for your support in these days!

Opportunity for Prayer

The Cathedral is open for individual private prayer by appointment with the office. Individuals who are members of the Cathedral congregation may contact the secretary to arrange for access to the Cathedral for private prayer. Please be in touch via email at least 24 hours prior: secretary@stjohns-cathedral.org

Masks are required.

Staff Contact Info

In observance of the Safe Start order of Gov. Inslee, the Cathedral is closed, except for essential personnel.

We want to stay in touch, so please contact us! We're receiving daily mail deliveries, we're responding to emails, we're checking the answering machine regularly.

The Very Rev. Heather VanDeventer, Dean, can be reached by phone at the Cathedral: 509-838-4277, ext 114; or by email: dean@stjohns-cathedral.org

The Rev. Arlen Farley, Priest Associate, can be reached by phone at the Cathedral: 509-838-4277, ext 115; or by email: arlenf@stjohns-cathedral.org

Rosie Banta, Financial Secretary, can be reached by phone at the Cathedral: 509-838-4277, ext 117; or by email: rbanta@stjohns-cathedral.org

Joan Sulser, Secretary, can be reached by phone at the Cathedral: 509-838-4277, ext 110; or by email: secretary@stjohns-cathedral.org

John Bodinger, Organist, can be reached by email: jbodinger@stjohns-cathedral.org

Andrea Olsen, Director of Music Ministry, can be reached by email: andreao@stjohns-cathedral.org

Elaine Patrick, Youth Minister, can be reached by email: youth@stjohns-cathedral.org

St. John's Outdoor Labyrinth

Joy abounds! Installation of the outdoor stone and paver labyrinth on the Cathedral's south lawn area is complete. It is across from the Welcome Center and is ready for contemplative labyrinth use by parishioners and the community. The gift of the labyrinth honors the generous spirit of the giver, Dr. Polly McMahan (Doc Polly)—educator, musician, social justice advocate, Cathedral member and friend to many. Doc Polly created community through her unconditional and faith-filled love for all. The labyrinth is ready to welcome all.

Due to current COVID restrictions, the full dedication of the Outdoor Labyrinth will not be possible until 2021. On **September 4** at 4pm, there will be a live-streamed, limited attendance Blessing of the Labyrinth. All will be able to participate by joining the live-streamed blessing on St. John's Facebook page.

Two Psalm Stanzas for Polly by Rev. Clare Austen

Oh Holy One, We give thanks for friendship, for life so uniquely lived, for a friend that we can no longer touch or see, but who left us remembering her heart, her joy, and all the ways she touched this world, and each of us, in a holy way.

Boundless Sustainer, may we celebrate each day the marvel and mirth of your servant Polly McMahan. May we take her joy of living and make it our own by honoring the path she chose and the grace we experienced watching her journeying through the valley of the shadow of death.

Labyrinth Guidance by the Rev. Kristi Philip

The Labyrinth Journey: Releasing, Receiving, Returning

The labyrinth offers an invitation to go on a walk – a spiritual walk. This walk, like life, has twists and turns. It is an opportunity to wind your way toward the center, casting off the burdens, the pressures, the distractions you carry, while opening your mind and heart.

At the center is a place of illumination – a place you may want to linger a while. A place that may invite prayer, meditation, peace.

As you leave the center, you follow the same winding path that guided you in. On the way out, you prepare to join in the healing of the world, empowered for what lies ahead.

Some Norms for the Journey

There is not a single way to encounter the labyrinth. Every journey is unique.

The labyrinth is intended to be a quiet, peaceful place, open to all, and a space to encounter one's higher power.

If someone from another household is walking, please wait courteously until they finish their journey before you begin yours.

If others are present, please wear a mask, and maintain safe distancing.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9a Worship— Facebook 10a Coffee Hour— Virtual 10:30a Outdoor Worship	17 6:30p St Monica— Virtual	18 2p Staff—Virtual	19 5p Foundation— Virtual 6:30p AI Anon— Virtual	20	21 6p AI Anon—Virtual	22
23 9a Worship— Facebook 10a Coffee Hour— Virtual 10:30a Outdoor Worship	24	25 2p Staff—Virtual	26 6:30p AI Anon— Virtual 7p Movie & Discus- sion—Virtual	27	28 6p AI Anon—Virtual	29
30 9a Worship— Facebook 10a Coffee Hour— Virtual 10:30a Outdoor Worship	31	1	2 9:30a Staff—Virtual 6:30p AI Anon— Virtual	3 6p Outreach— Virtual	4 6p AI Anon—Virtual	5
6 9a Worship— Facebook 10a Coffee Hour— Virtual 10:30a Outdoor Worship	7 Labor Day	8 4:30p Finance— Virtual	9 9:30a Staff—Virtual 6:30p AI Anon— Virtual	10 5:15p Property- Virtual	11 6p AI Anon—Virtual	12
13 9a Worship— Facebook 10a Coffee Hour— Virtual 10:30a Outdoor Worship	14	15 6:30p Chapter— Virtual	16 9:30a Staff—Virtual 6:30p AI Anon— Virtual	17	18 6p AI Anon—Virtual	19 9a Mustard

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*Our Mission: To be a Christian community that invites people into a life where
through liturgy, outreach, hospitality and education
we all discover what it means to be beloved children of God*



Help us keep connected, even as we safely physically distance!

Join the Cathedral email list and receive updates, prayers, and reflections three or more times a week. Email Joan to be added to the list: secretary@stjohns-cathedral.org

Make sure we have your current phone number. As we've reached out to parishioners, we've discovered many of you have changed your phone numbers. We'd love to have a current number so we can stay in touch. Email Joan, or call and leave a message: 509-838-4277 ext 110.

Let us know if you move.

We want to stay in touch, but we need your help!