

# THE CATHEDRAL CHIMES

The Monthly Newsletter of the Cathedral of Saint John the Evangelist

Dear Cathedral Family,

Summertime is a time for exploration and new learning as much as it is a time for rest and reflection. Yes, schools are on summer break and many of us think back to our childhood summers. Summer camp – whether day camps, sleep away camps, Vacation Bible School weeks, or church camps (Camp Cross among others) – were and still are places where exploration of the world and one's self happen, with learning woven in that may have not felt like learning in school. Not that there is anything wrong with school! It is just that there is something special and distinct about those summer experiences. For some of you, maybe you did not go to a formal camp but were at the lake, or at home having similar times of exploration and learning. As adults go on vacations or stay close to home on staycations, we lean back into those childhood and youth experiences and find opportunities for exploration and new learnings, as well as rest and reflection. While activities, events, and committee meetings lessen in the summer at the Cathedral, similar to so many churches, it is not a slow time for exploring and learning in the life of faith. Taking a page from Godly Play, a Sunday school curriculum that makes meaning through story, wonder, and play while nurturing the spiritual lives of children, the summer months are part one of the Great Green Growing Season in faith. That's not just for children but for all of us who are God's children no matter our age.

**How do you want to grow in seeing and sharing God's love this summer? How do you want to grow as a disciple and follower of Jesus this summer? How do you want to grow in listening to the Holy Spirit's song this summer?**

Maybe this summer is the right

time to explore a new prayer practice. You might try the Examen, which comes out of Jesuit traditions (I consider the Jesuits to be the Episcopalians of the Roman Catholic tradition). While there are ways to make it more complex, you can set aside 5-7 minutes usually at the end of the day to pause for 6 simple steps:

- ◆ Center yourself, becoming aware of your surroundings, yourself, and God's presence with you.
- ◆ Gratitude, recognizing what you are especially thankful for today.
- ◆ Review, think through the day that is past and what brought you joy and what brought you challenge.
- ◆ Turn to God and have a conversation; what could have been said or done differently?
- ◆ Look Forward to the new day to come and consider how to be present to what it will hold.
- ◆ Pray in words, song, or silence.

Maybe you prefer to read a book. You might try a book that could be a summer beach read for those who like science fiction, with the bonus of questions about how to live a Christian life. Katherine Karr-Cornejo (and Auntie's Books) suggest *Sisters of the Vast Black* by Lina Rather. The novella deals with issues not too far from our day and time – plagues, war, dementia, leadership changes, and being true to one's calling in faith.

Maybe you like to listen to podcasts. I am not a regular listener to podcasts but I return to *The Way of Love with Presiding Bishop Michael Curry* podcasts every few months. This podcast follows the seven parts of the Way of Love – Turn, Learn, Pray, Worship, Bless, Go, Rest – and explores different aspects of each in conversation with the podcast hosts, plus Bishop

Curry and special guests from across the Episcopal Church and beyond. A passage from the Bible is usually explored as well.

Or maybe you want to use the summer to be in action and engagement with the world by volunteering with a ministry. The Windfall, the thrift store in Perry District that has been a ministry of the Service League and the Cathedral for 61 years, is in need of volunteers to help in the front of the store and behind the scenes. Our Place Community Outreach in West Central has a food pantry two days a week and is in need of volunteers as well to assist guests with building their grocery bags.

Alternatively, maybe you have felt the nudge to join a ministry at the Cathedral. We are seeking people to join these ministries: lectors, ushers, greeters, chalice bearers and communion ministers, coffee hour team members. The various Guilds and groups at the Cathedral also welcome new members. St. Monica's motto is "we cook so we can give" and this group of ladies meets once a month in the evening for fellowship and shared time in the Cathedral kitchen. Another ladies guild, St. Nicholas, a guild focused supporting children and youth ministries and organizations, meets monthly over lunch during the day and enjoys fellowship with one another. The Brotherhood of St. John is still meeting via zoom midday weekly and welcomes men to join. The Altar Guild's purpose is to prepare the Cathedral altars, including flowers, for Sunday and midweek Eucharists and other services; they also gather for fellowship. For more information about any of these ministries, contact the Cathedral office and you will be connected with the chairs and organizers for these ministries.

*Continued on page 3*

## **Sacred, Summery Opportunities for all ages at Camp Cross**

*From Rev. Arlen Farley*

Camp Cross has been a sacred space for generations in our diocese, 153 acres on a peninsula of the lake with miles of trails, quiet and secluded spots, waterfront recreation, inclusive community, delicious food, and fun! Bishop Gretchen has led a vision for Camp Cross which puts forming disciples of Jesus at the center and expands the formation ministry there to include adults as well as children. This summer the women's and men's weekends are formal camp sessions alongside of family camp, time for Days at the Lake, and sessions for children rising to 2<sup>nd</sup> grade through youth approaching their senior year of High School. All the sessions take up the diocesan-wide theme, "On A Sacred Journey." I encourage you to check out the Camp offerings for adults as well as children and youth this summer. All the Camp sessions close with Eucharist in the beautiful St. Francis outdoor chapel and a Barbecue lunch open to everyone including families picking up their youngsters. Camp Cross is inclusive and affirming of LGBTQ+ persons and requires covid vaccination.

Sara Gunter, Canon for Youth and Family Ministry, is the new director for Camp. She has recruited a strong resource program team for the summer as well as an experienced summer staff including some young adults who are familiar to the St. John's community: Lauren Church, Sammi Hubbard, and Miranda Brown. We are also sending youth as counselors including Matthew Brown and Caison Farley. Please pray for their ministry this summer. And pray for me as I serve as staff chaplain.

I encourage you to check out these amazing sessions! St. John's is committed to providing scholarships for those who would like to attend and need financial assistance. Email me for more information at [arlenf@stjohns-cathedral.org](mailto:arlenf@stjohns-cathedral.org)

**Mini-Camp: July 7-9** a short introductory session with lots of fun and sacred moments for those entering grades 2-3. Games, arts & crafts, and campfire.

**Intermediate Camp: July 10-15** Campers in grades 4-6 will enjoy favorite camp activities such as, arts and crafts, marshmallow roasting, hiking and canoeing, and their formational development will focus on living in community and learning about daily prayer in large and small groups.

**Creative Arts Camp: July 17-22** Campers entering grades 4-9 get all the fun of usual camp activities including waterfront, camp-wide games, and campfire combined with special opportunities for writing, drawing, and music for all ages.

**Mid-High Camp: July 24-29** Campers entering grades 7-9 develop an appreciation for their own God-given gifts and abilities during a week of recreation and community with daily waterfront, campfires, delicious food, camp-wide games, and new and returning friends.

**Senior High Camp: July 31 – August 6** Campers entering grades 10-2022 high school graduates will enjoy waterfront, ball field, chapel time, peer-led small groups, daily worship, big camp games, and more! They can also expect to apply camp's core values, beliefs, and practices to developing a spiritually vital and dynamic life in the world.

**Men's Weekend: August 19-21** This is a weekend session of spiritual reflection and renewal for men. You will spend this weekend retreat connecting through group discussion and shared formation. Surrounding these highly impactful times of reflection is an ability to connect on your own personal level with God through a place of peace, beauty, and nearly unblemished nature. To compliment it all is some great food and wonderful hospitality to make this weekend one of the highlights of your summer.

Gospel stories come alive as we place ourselves among the disciples by praying with our imagination.

**Labor Day Family Camp: September 2-5** Looking for a nice spot for the extended Labor Day weekend? Pack your bags and bring the family to Camp Cross for a stay on Lake Coeur d'Alene. This session is for campers of all ages and all Camp Cross experience levels.

Reconnect with God and nature, introduce the youngsters (and oldsters) to Camp Cross, take a dip in the lake, sing songs at the campfire, take a family hike, and relax. We'll provide some family friendly programming and formation for both youth and adults and we'll even provide some child-free time for the adults! It's a great way to spend a holiday weekend.

Check out the Camp Cross website for more information and registration: [www.CampCross.org](http://www.CampCross.org)



*Members of St. Nicholas Guild at Joyce Castillo's 100 birthday*

## Music Notes

By Andrea Olsen

It's hard to believe it's already July! The Cathedral Music Ministry was delighted to welcome Guest Carillonneur, Wesley Arai for our annual 4<sup>th</sup> of July Carillon Concert, held directly following the July 3<sup>rd</sup> Sunday service. We are grateful Cathedral Carillonneur, Byrl Cinamon, and his continued carillon offerings, including this collaboration with guest, Wesley Arai.

Our summer music ministry continues with traditional Sunday morning anthems offered by our various Choral Scholars, but we are also looking forward to a fun, albeit different style of music for the Outdoor Service on Sunday, July 17<sup>th</sup> at 10:30. Guitars (and Andrea's ukulele!) will assist in leading this relaxed, folk-style worship...bring your lawn chairs!

In August, we will host the Spokane Area Youth Choirs FREE summer choir camp for grades 2-6. Pre-registration is required: <https://forms.gle/imZ6W9JdMQSdYo3H8> and

*Continues from page 1*

Intentional hikes, bike rides, drives, and boating outings can be great ways to connect with nature and see God's presence in the world. Gardening, whether for food or for flowers, is also a rich point of connection for many. Make those experiences of the outdoors times to deepen your faith and connection to God by simply pausing to listen, to look with intentionality, and to give thanks for the marvels of creation.

May you find ways of growth in these summer months of July and August, whether you are close at home or traveling far. May you see God's love for the world around you and share what you notice with others. May you try a new or reinvigorate an old way of

space is limited so sign-up soon. This is a great way for younger voices to get ready for more singing in the Fall, and I encourage our Junior Choir families to take advantage of this FREE opportunity! Camp runs August 8-10 from 9am - 2pm, and participants are asked to bring their own lunch.

We are delighted to have organist Mark Haberman joining us on Sunday mornings for most of the summer. His skill at the organ is paramount and he plays from a place of deep faith and devotion to the church. Our Music Ministry ensembles will resume in September with Junior Choir, Handbells, and Adult Choir. If you are interested in joining one of our ensembles, contact:

[andrea@stjohns-cathedral.org](mailto:andrea@stjohns-cathedral.org).



following Jesus and living as a disciple, day in and day out. May you hear the Holy Spirit's song in your heart and your home, in the many places that may be in these months.  
In Christ's Peace,  
Dean  
Heather

## Meet Mark Haberman

Mark Haberman has served in part-time or full-time music ministry positions in primarily United Methodist Churches nearly continuously since 1976, including positions in Idaho, Iowa, Minnesota, & Washington.

His undergraduate work (music education and elementary education) was completed at United-Methodist related Morningside College in Sioux City, Iowa. His graduate work includes a master's degree in organ performance (with related areas in choral conducting and church music) from the University of Minnesota and graduate theological studies from Perkins School of Theology at Southern Methodist University. Mark is an ordained United Methodist Deacon.

Prior to his retirement in May 2022, Mark served in a variety of roles in social service agencies, including Aging and Long Term Care of Eastern Washington (Spokane) and Community Action Partnership (Coeur d'Alene).



June Altar Guild Garden Party, hosted by Nina Beegle

## Cathedral Landscape Association Update

By Linda Finney

“Shortly after the completion of the first unit of the Cathedral in 1929, the Right Reverend and Mrs. Edward M. Cross saw a need for extensive landscaping of the grounds. The Cathedral was something more than an Episcopal Church building. They envisioned it as a community-oriented religious institution, thus bringing to it a note of ecumenism from the very start. They knew about a “Garden Guild” at the National Cathedral in Washington, D. C. and developed our Landscape Association along much the same lines. They invited approximately 50 women of the community, regardless of their religious affiliation, to form our Landscape Association. Our first large project involved the building of the rock retaining walls and the driveway at the front of the Cathedral. We have provided funds for capital outlays required for the properties, and in addition, have assisted with some

of the maintenance work.”  
*The Cathedral of St. John the Evangelist: A History of Its Women, Their Organizations—Their Work (As of this Golden Anniversary Year of 1979)*, in the Cathedral Archives

Since those first meetings in the fall of 1929, the Cathedral Landscape Association has continued to cast a vision for the care of the Cathedral grounds and to fund that care and engage the greater Spokane community. This includes everything from operating a USO café in the crypt during WWII to planting hundreds of bushes, trees, and flowers over the years, up until this very spring.

After careful discernment, the current members of the Landscape Association have concluded that after 93 years, it is time to transition much of their responsibilities to the Landscape and Grounds Committee, under the auspices of Chapter’s Property Committee. The Landscape

Association will continue to meet twice a year for luncheon programs and will serve as mentor to the Landscape and Grounds Committee as it maintains the beautiful grounds of the Cathedral to the glory of God and for the refreshment of the community.

We are gathering stories and pictures of the activities of the Landscape Association over these past 93 years. Was your grandmother or great aunt a founding member? Was your mother a member for many years? We will share stories and pictures in *The Chimes* over the course of the next year and will put together a display. You are invited to help celebrate the work and commitment of the Women of the Landscape Association at a recognition event this fall, during a worship service, with festive coffee hour to follow.

You may send your stories and pictures to Linda Finney, Cathedral Landscape Association President, 509.838.4632 or [lindatfinney@gmail.com](mailto:lindatfinney@gmail.com).



Cathedral Landscape Association members at May meeting.



## Thoughts on Offering of Letters re: Gun Reform

From St. John's Outreach  
Committee

It seems fitting that the Outreach-sponsored effort to encourage writing cards and letters to legislators regarding the passage of sane and humane gun laws happened on Pentecost Sunday, when Bishop Rehberg, in her sermon, reminded us that the Holy Spirit came not only to comfort, but also to compel to action! We are grateful for the 140 mailings that were sent out from those who took time to share their thoughts and pleas with numerous national and local leaders of both political parties.

Our hope is that many among the St. Johns family will continue to advocate locally and nationally against the rampant violence and despair that pervade our country at this sad time.

Communication from concerned congregants included the following:

“Our children matter! It is a disgrace to have legal assault rifles and high-capacity magazines in our country. Protect our children, our liberty and future generations.”

“I write to you in heartbreak and anger about the availability and accessibility of weapons designed for efficient mass murder.”

“When the Constitution was written, all guns were single shot.”

“As a Christian and the father of school age children, I refuse to accept that this is their future.”

## Meet our Afghan neighbors

From St. John's Outreach Committee

Our Afghan refugee family arrived during Holy Week. This includes Mom and her children ages 20, 19, 16, 15, 13, 10 and 2. The Dad did not arrive with his family but he is here now. Although we have been faced with a few challenges, the family is settling in well.

Mom and the children are being re-settled by Episcopal Migration Ministries (EMM) and Sponsor Circles. The Sponsor Circle Program is a community-led resettlement initiative that supports everyday Americans in taking on the responsibility of welcoming Afghan and Ukrainian newcomers to their communities. The congregations of St. Stephen's and St. John's formed the Spokane Welcomes Sponsor Circle.

The family has completed the medical refugee screening and have had their first new patient medical appointments. Appropriate medical referrals have been made. Three of the children have hearing impairment issues and have been referred for ENT evaluations.

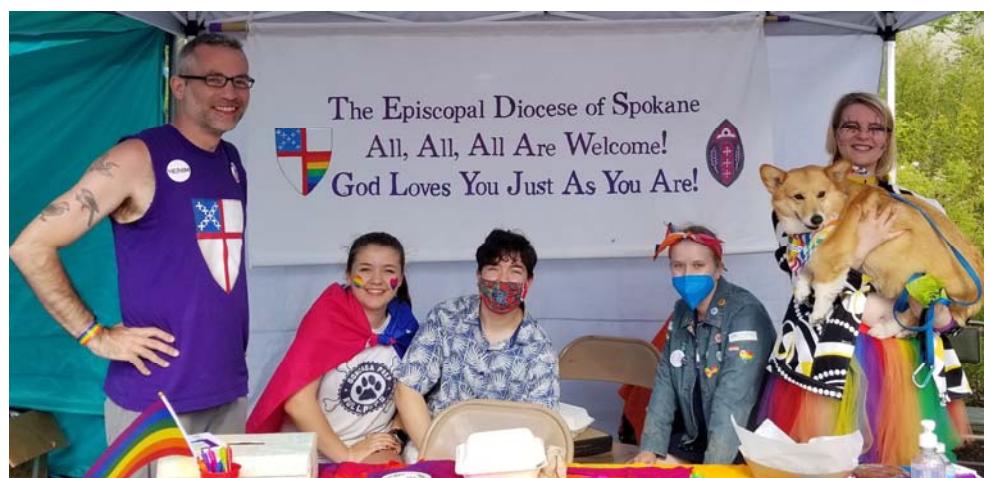
Dentist appointments have been scheduled for the family.

All of the school age children are enrolled in school. The eldest is taking ESL classes at SCC and looking for employment. We are hoping that Mom will be starting ESL classes soon.

The Dad is being resettled by the International Relief Committee (IRC), Spokane branch. They will be helping him obtain the necessary documents for employment. IRC has helped the family find more permanent housing. We are also thankful for support from Mark Finney and Thrive International, a new refugee resettlement agency based in Spokane.

All in all, this has been challenging but also very rewarding. The family is now in a very different culture than they are familiar with and they are adapting slowly but surely. They are learning the bus system and working toward the goal of self-sufficiency.

Please keep them in your prayers as they continue with the difficult journey of resettlement.



Members of the Cathedral and others from the Diocese at the Spokane Pride Festival

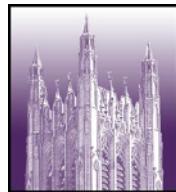
# JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 6p Al Anon	2
<b>3</b> 8a Worship 10:30a Worship 11:30a Coffee Hour Noon 4th of July Concert	<b>4</b> <b>Offices closed in observance of Independence Day</b>	<b>5</b> 9:30a Staff 5:30p Contemplative Group	<b>6</b> 10a Worship 6:30p Al Anon 2	<b>7</b>	<b>8</b> 6p Al Anon	<b>9</b>
<b>10</b> 8a Worship 10:30a Worship 11:30a Outdoor Communion 11:30a Coffee Hour	<b>11</b> 4pm Service League	<b>12</b> 10a Staff 4:30p Finance	<b>13</b> 10a Worship 6:30p Al Anon 2 6:30 Boy Scouts	<b>14</b> 9:30a Tapestry 5pm Property 6p Family Ministries BYO Picnic Games	<b>15</b> 6p Al Anon	<b>16</b>
<b>17</b> 8a Worship 10:30a Outdoor service 11:30a Coffee Hour	<b>18</b>	<b>19</b> 10a Staff 10:30a John Matthews funeral 5:30p Contemplative Group 6:30p Chapter 6:30p Boy Scouts	<b>20</b> 10a Worship 11a Cheney Sr Tour 2p Connoisseur Concerts 6:30p Al Anon 2	<b>21</b>	<b>22</b> 6p Al Anon	<b>23</b>
<b>24</b> 8a Worship 10:30a Worship 11:30a Coffee Hour	<b>25</b>	<b>26</b> 10a Staff	<b>27</b> 10a Worship 6:30p Al Anon 2	<b>28</b>	<b>29</b> 6p Al Anon	<b>30</b>
<b>31</b> 8a Worship 10:30a Worship 11:30a Coffee Hour						



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>  <b>Hosting College for Congregational Development</b>	<b>2</b> 10a Staff 5:30p Contemplative Group	<b>3</b> 10a Worship 6:30p Al Anon 2	<b>4</b>	<b>5</b> 6p Al Anon	<b>6</b> Noon wedding
<b>7</b> 8a Worship 10:30a Worship 11:30a Coffee Hour	<b>8</b> 8am Spokane Youth Choir Summer Camp 4p Service League 6p Youth Symphony Audition Prep	<b>9</b> 9am Spokane Youth Choir Summer Camp 10a Staff 4:30p Finance 6:30p Scouts	<b>10</b> 8am Spokane Youth Choir Summer Camp 10a Worship 6p Family Ministries BYO Picnic Games 6:30p Al Anon 2	<b>11</b> 5pm Property	<b>12</b> 6p Al Anon	<b>13</b>
<b>14</b> 8a Worship 10:30a Worship 11:30a Coffee Hour	<b>15</b> 6p Youth Symphony Audition Prep	<b>16</b> 10a Staff 5:30p Contemplative Group 6:30p Chapter	<b>17</b> 10a Worship 6:30p Al Anon 2	<b>18</b> 9:30a Tapestry	<b>19</b> 6p Al Anon	<b>20</b>
<b>21</b> 8a Worship 10:30a Worship 11:30a Coffee Hour	<b>22</b> <i>September Chimes articles due</i> 6p Youth Symphony Audition Prep	<b>23</b> 10a Staff	<b>24</b> 11a Bible Study 6:30p Al Anon 2	<b>25</b> 9:30a Tapestry	<b>26</b> 6p Al Anon	<b>27</b>
<b>28</b> 8a Worship 10:30a Worship 11:30a Coffee Hour 6p Youth Group Kickoff	<b>29</b> 6p Youth Symphony Audition Prep	<b>30</b> 10a Staff	<b>30</b> 11a Bible Study 6:30p Al Anon 2	<b>1</b> 9:30a Tapestry 7p Choir	<b>2</b>	

The Cathedral of St John the Evangelist  
127 East 12th Avenue  
Spokane, WA 99202-1199  
P: 509-838-4277  
[stjohns@stjohns-cathedral.org](mailto:stjohns@stjohns-cathedral.org)  
[www.stjohns-cathedral.org](http://www.stjohns-cathedral.org)



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*Our Mission: To be a Christian community that invites people into a life where through liturgy, outreach, hospitality and education we all discover what it means to be beloved children of God*

### Worship Services

#### Sunday

8am      Holy Eucharist Rite I  
10:30am    Holy Eucharist Rite II  
11:30am    Outdoor Communion  
(Welcome center patio)

#### Wednesday

10am     Holy Eucharist Rite II  
(Great Hall)

### Passages

#### Rest in Peace

Michel Campbell

April 8, 1934—June 3, 2022

Jody Fergin

November 2, 1928—June 7, 2022

### Windfall

The Windfall is open Thursday, Friday, and Saturday with regular hours: Thursday and Friday 12:30pm-5:30pm, and Saturday noon-5pm. Come visit us at 1024 S. Perry.

Donations are currently being accepted at the store during business hours.

Moving? New phone number?

Let the office know:

[rbanta@stjohns-cathedral.org](mailto:rbanta@stjohns-cathedral.org)

### Date Reminders

July 3—Carillon Concert

July 4—Offices Closed

July 17—Special Outdoor

Worship Service

September 11—Welcome Bash

Sunday

**Save trees and reduce costs—**  
subscribe to the emailed *Chimes*:  
[secretary@stjohns-cathedral.org](mailto:secretary@stjohns-cathedral.org)

The deadline for the July  
*Chimes* is **Tuesday, June 21**  
[secretary@stjohns-cathedral.org](mailto:secretary@stjohns-cathedral.org)