

THE CATHEDRAL CHIMES

The Monthly Newsletter of the Cathedral of Saint John the Evangelist

Worship & Learning & Fellowship Continue

Although our beautiful building is currently closed, our church isn't! We continue to gather for worship and prayer and music and pastoral care and learning and fellowship ... through phones and computers and tablets.

Our Facebook page is the place to check for most of these offerings: www.facebook.com/StJohnsCathedralSpokane Sometimes, we get inspired and add an offering at short notice. Usually, we announce gatherings and how to check in through our Monday and Friday "Cathedral Connections" email—delivered to your email address. You can be added to the Cathedral Connections mailing list by contacting Joan: secretary@stjohns-cathedral.org

Worship

At this time, we're offering **Morning Prayer on Sundays at 9am**, with a carillon prelude beginning at 8:45am. This is live-streamed on our Facebook page. If you're not able to tune in as we broadcast, you can go to the Facebook page any time afterward and play the video.

We are also offering **Outdoor Worship on Sundays at 10:30am**, through **October 11**, weather permitting. Join us on the lawn at 13th and Cowley. Bring a lawn chair or blanket, be prepared to wear a mask and practice physical distancing throughout the service. This service will include the Blessing of the Animals on **October 4**, and Holy Communion on **October 11**.

Other services are offered as the spirit moves; check our Facebook page to find them.

Faith Formation

Sunday Forum resumes on *October 18!* We are looking forward to exploring art and faith through the diocese-wide formation offering, "Creating Our Way Through." In this series, together we will view a short video, converse, and pray. You can learn more about this study from the diocese at the diocesan website [https://spokanedioocese.org/dfc/newsdetail_2/3204144] Please join us via Zoom on Sunday mornings (specific time TBA) October 18 through November 15 – watch for details in your email communications.

Since late July, every two weeks or so we have had the opportunity to gather in community to learn and grow into the antiracist community God calls us to be. We discussed films and we viewed the documentary *White Savior*. We learned about the history of race in the Pacific Northwest and about antiracist work in the church. We do this because of our understanding of the need to dismantle racism as a structure, as we share responsibility for their creation and maintenance.

In that spirit, we invite you to join us **October 7 at 7 pm** for the next installation of our series on antiracism, where we will hear again from Dr. Dale Soden, a historian of the Pacific Northwest, who will focus his presentation on race and religion in our region. You can join the Zoom call with him (watch for the link!), or watch via Facebook live. And if you can't make it at 7, or if you're interested in any of our previous sessions that have been recorded, you can view (or review) these series – just look for

the video playlist "Towards Anti-racism" on the Cathedral [Facebook page](#).

Youth Ministry

The Youth Group continues to gather and connect virtually. Contact youth minister Elaine Patrick for more info: youth@stjohns-cathedral.org

Opportunity for Prayer

The Cathedral is open for individual private prayer by appointment with the office. Individuals who are members of the Cathedral congregation may contact the secretary to arrange for access to the Cathedral for private prayer. Please be in touch via email at least 24 hours prior: secretary@stjohns-cathedral.org

Masks are required.

Music at the Cathedral

Sunday, October 11 at 4pm is the second in our monthly St. John's Music Series. This virtual concert features the Choral Scholars. Join us for an interactive performance and Q&A session with Dean Heather and the St. John's Choral Scholars, on our [Facebook page](#). If you can't connect at 4pm, look for the video (also on Facebook) after the concert

Building Access

Joan is usually in the office, 9am-4pm, on Fridays. If you need to pick up/drop off something, contact her to arrange to do so at that time: secretary@stjohns-cathedral.org

From the Dean

By the Very Rev. Heather VanDeventer

Dear Cathedral Family,

It has been such a joy to see the many ways that the Cathedral is being the Church in the community and within the congregation. Our various ministries and people are reaching in, reaching across, and reaching out. In this issue of the *Chimes*, you can read about what is being done by the Outreach, Adult Faith Formation, Family Children and Youth, and Cathedral Life committees. Whether you serve on one of these committees or not, you are part of the support for these ministries – with your prayer and with your pledges of financial support.

It is October, which means that soon you will receive the annual pledge campaign information from the Cathedral. Stewardship, the tending and sharing of the portion of God's abundance that each one of us has, is a year-long and year-round practice. It is a practice that is fiscal but more importantly is spiritual. Henri Nouwen, a Roman Catholic theologian and spiritual writer, says these things about stewardship and fundraising:

Fundraising is proclaiming what we believe in such a way that we offer other people an opportunity to participate with us in our vision and mission.... We are inviting you to invest yourself through the resources that God has given you – your energy, your prayers and your money – in this work to which God has called us. (*A Spirituality of Fundraising*, pages 16-17, 2011, Upper Room Books)

In addition to reminding the Church that our pledge campaigns are different from those of public radio, the Red Cross, and the Symphony, Nouwen asks each of us to consider this question: What is the place of money in our lives? For many people in these days of an unstable economy, during a fraught election season, with no clarity for when life and the economy will

enter into a time of the “new normal,” their relationship with money is focused on meeting their most essential needs. They need to pay the rent, utility bills, gas for getting to work, and they need to put food on the table. For other people, the place of money in their lives is different because their most essential needs are met. They have funds set aside for an emergency expense, such as a car or house repair.

Each of us has an opportunity to support the ministries of St. John's Cathedral with a pledge of financial support. Whether one is living on a limited or fixed income or whether one is living with greater financial security, the Stewardship committee and I invite and ask you to make a pledge of financial support, and to make that by the end of November. Your pledge of any size is important. And for those who can pledge in larger proportion to their overall income, we encourage you to enter into that spiritual discipline.

In the mailing you will receive soon, you will have the opportunity to the percentage breakdown for both the Cathedral expenses by ministry area and areas of income streams. Making your pledge of financial support for the 2021 calendar year allows the clergy, staff, and lay leaders to plan for ministry opportunities in the following year. We have new expenses associated with livestreaming worship – something that was not in the 2020 budget because we never expected this pandemic and how even our worship live would change. In 2020, we have had decreased expenses in some areas and have been frugal and cautious with spending. We anticipate continuing in that vein for 2021.

We know that the Cathedral is a body of people who come together to be the Body of Christ. We are not just solitary trees, planted here and there in households of one, two, or seven. Together, we are like a forest, which is stronger and more beautiful together. We rely on each other, bring one another solace and

hope, in ways of serving and being served. Just as the trees of the forest do, we reach in, across, and out as the Body of Christ. We walk together in the Way of Love.

In Christ's Peace and the Spirit's Power,
Dean Heather

The Windfall Is Open!

The Windfall is open Thursday and Saturday with regular hours: Thursday 12:30pm-5:30pm, and Saturday noon-5pm.

Donations are currently being accepted at the store during business hours. Donations are accepted at the Cathedral every Saturday, 11am-noon, at the triple doors of Jewett House, on the circle drive.

Passages

Rest in peace:

David Eastman Allen
Dec 19, 1929—August 17, 2020

John Stephen Herbison, Sr
June 10, 1939—August 18, 2020

Roger W Ross
Dec 20, 2020—Sept 17, 2020

Champagne Mustard Is Coming!

The Altar Guild is happy to announce that we will be offering your favorite Champagne Mustard. The Cathedral's Annual Bazaar will not be held in person, so we are accepting your orders via email.

Send your email to Karen Martin at this address: stjohns@stjohns-cathedral.org

Please let us know the quantity you want and provide your phone number. Cash or check accepted. We will make payment arrangements as you contact Karen. Pick-up will be at the Cathedral, details are being worked out.

The cost is \$7 per jar.

Quantities may be limited. We will sell on a first come, first serve basis.

Thank you for your support, and for being flexible!

Community Garden Grows!

By Kristi Philip

The Cathedral's community garden has been a productive place in more ways than one this season. First, it yielded lots of produce in its 18 well-tended garden boxes. Second, it has undergone a significant expansion.

Many of our gardeners are residents of Canterbury Court, the apartment building just to the east of the Cathedral kitchen. Others are from the Cathedral and the wider community. With a warm summer and some newly-enriched soil, the gardens grew an abundant crop of tomatoes, herbs, squash, onions, potatoes and others yummy things this year. The gardening season will officially end on October 1 and resume in mid-May.

The expansion was an Eagle Scout project directed by Lucas Brown of Troop 258. Lucas, a student at Rogers High School, planned and executed the project with the help of fellow scouts, parents and friends. Chapter member Jennifer Ogden, and Ginny Barrett who works with gardens around the Cathedral property, were involved with both the planning and execution. Lucas did a wonderful job and we are grateful for his generous service.

The result is 18 new beds for next year and a northward expansion of the community garden that involved more fencing and some creative re-arrangement of the space. Some of

the new beds are taller and should be more accessible to gardeners who find it difficult to use the ground-level beds.

One bonus was the opportunity to recycle sod, soil and rocks that were excavated to make way for the Cathedral's new labyrinth on the lawn on the south side of E. 12th Avenue. Some of the rocks are leveling new beds. The sod and soil are being used to fill the new gardens and some will be composted. If you visit the Facebook page of Episcopal Agrarian Ministries, you can find photos of the project.

This garden expansion brings an opportunity for next year and beyond: Please consider gardening with us next summer. You may want to grow produce for your household. You also might consider growing a garden to donate produce to programs in Spokane that offers meals to those who are hungry. West Central Abbey and Women and Children's Free Restaurant are two such efforts.

The garden is on the north side of the unpaved road between the Cathedral parking lot and Paulsen House. The donation for the use of a bed is \$20 that covers water and maintenance. If you are interested in knowing more about the garden, please contact me: kristip@stjohnscathedral.org.



Outreach Matters!

The Outreach Committee

The Outreach Committee met recently via Zoom. We allocated the remainder of the Leuthold Funds. The organizations that received these funds were: Family Promise, Mid-City Concerns Senior Center and Meals on Wheels, Shalom Ministries, Stephen R. Novak Foundation, Our Place Ministries, SNAP, Grant School, and World Relief. We feel very blessed that we are able to provide financial help to these recipients during this difficult and challenging time.

Although volunteering is on hold for most of us right now, these organizations are still providing services and the need has never been greater. We would like to share a brief introduction to a couple of The Cathedral's outreach partners.

Daybreak Youth Services has served Spokane since 1978, beginning with services for youth with substance abuse problems and expanding into related services in the years since. Today, they also operate in Brush Prairie and Vancouver, Washington, but Spokane remains their headquarters.

That mission now includes mental health services and services to homeless youth. Most recently, they have hired a full-time director for their "life enrichment" programs. This is a unique set of opportunities for Daybreak's clients, from art therapy to camping trips, all of this increase completion rates for substance abuse programs and help clients to develop lifelong skills and connections.

While there is a cost for clients to enter the program, many insurance programs cover it, including Washington Medicaid. Financial assistance is available from several other organizations. Daybreak welcomes clients regardless of sexual orientation or gender identity, and serves a number of LGBT clients.

The organization has a stable source of grant funding to support

Continued on page 4

From the Priest Associate

By the Rev. Arlen Farley

Faith is a way of life. It's how we imagine our lives, how we offer them to God together in the ins and outs of the every day, how we show up honestly with ourselves, our partners, our children, our neighbors, and God's world. How do we accompany each other in family ministry with COVID making our usual rhythms of Fall re-gathering much more difficult?

Our family ministry committee gathered in late summer to think about those questions. We were initially discouraged with the challenge of our distance, but by the end of our first meeting there was a sense of excitement about how we can be connected and creative this fall. What follows is a summary of our fall family offerings. We are committed to equipping and accompanying parents and connected children in the life of faith.

Fall Drop-Offs

If you have children under the age of 9 in your household, someone probably stopped by your home in the last few weeks with a blessing for the new school year, online worship coloring books, a letter about our fall offerings, and a handbook for cultivating faith at home. If we haven't connected with you, we'd love to! Send me an email and I'll make sure you get a packet—arlenf@stjohns-cathedral.org

Virtual Sunday School Community

We're using the application *SEESAW* to share weekly, short, scripture story videos created by different families in the St. John's community. The app gives a virtual space for children to see each other, share faith, engage at a time that works best for each family, comment and make connections in a safe online environment. Lisa Church is taking the lead in curric-

ulum creation (using Godly Play) and working with Meredith Shimizu on getting parents and children connected with the app. A high value is placed on security and safety. Reach out to Arlen have a unique family password sent to you.

Faith @ Home

We're fortunate to have one of the leading children's faith educators in the Episcopal Church join us via Zoom on **October 25**. We'll be talking with her about her book, *Faith at Home: A Handbook for Cautiously Christian Parents*, which chocked full of accessible wisdom and resources for talking about God, talking to God, reading scripture, celebrating seasons, and walking with faith in family life. We're gathering via Zoom a few times in advance of our session with Wendy to open a larger conversation in support of family faith cultivation at home. Our next gathering will be on Sunday, **October 11** at 3pm. Links for the session will be in upcoming Cathedral communications.

6 Needs of Every Child: Empowering Parents and Kids through the Science of Connection

For parents interested in the parenting journey, more generally, I'm offering a book group exploring the above title. The book is co-written by a clinical psychologist and wife, experts in attachment theory and also people of faith. We'll move at whatever pace works for those interested. Be in touch with me to join!

Children's Chapel on Facebook & YouTube

Like and Follow the Cathedral's Family, Children, and Youth Ministry on Facebook (<https://www.facebook.com/cathedralchildrenandyouth>) to see weekly children's chapel videos created by Heather and myself, reflecting on one of the lessons for Sunday's service. Just as virtual Sunday School provides a space for

families in the cathedral to be connected, we hope these videos provide a public face for our children's ministry and serve people of all ages.

I'm grateful for the work of Lisa Church, Meredith Shimizu, and Sarah Robertson, alongside Dean Heather and myself in creating these offerings for accompanying parents and connecting children at St. John's this fall.

Outreach Matters!

Continued from page 3

its addiction treatment programs. So, donations fund the life enrichment programs in their entirety, including the salary for the program director position.

Our youth are the promise of tomorrow. Crosswalk, in downtown Spokane, support youth in crisis by providing meals, a place to stay and understanding staff. Many churches and service organizations support Crosswalk by providing meals. Crosswalk offers 3 meals a day to our youth 365 days a year. St. John's is responsible for providing and serving dinner the 4th Wednesday of each month at 6pm. We prepare a meal for 10-15 people and share with the youth ages 13-17+, as well as fellow volunteers, interns and staff. Text, call or email Lisa Church for more information, 435-3463, lisachurch03@hotmail.com

Please do consider a donation to one of these organizations. They are providing a much-needed safety net in these uncertain times.

Please contact me with any questions. I am looking forward to when we can gather in person and resume our tradition of volunteering with our community partners.

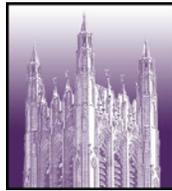
Ann Harder, Outreach Committee Co-Chair, 509-994-8938
annharder@gmail.com

Moving? New phone number?

Let the office know:
rbanta@stjohns-cathedral.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7p Choir—Virtual	2 2p Fireside 6p AI Anon—Virtual	3 9a Mustard
4 9a Worship—Facebook 10:30a Outdoor Worship, with Blessing of the Animals	5 5p Junior Choir—Virtual	6	7 9:30a Staff—Virtual 5:30p—Handbells 6:30p AI Anon—Virtual 7p Racism Discussion—Virtual	8 5:15p Property—Virtual 7p Choir—Virtual	9 6p AI Anon—Virtual	10
11 9a Worship—Facebook 10:30a Outdoor Worship, with Holy Communion 4p Concert—Facebook	12 5p Junior Choir—Virtual 6p Service League—Virtual	13 4:30p Finance—Virtual	14 9:30a Staff—Virtual 5:30p—Handbells 6:30p AI Anon—Virtual	15 7p Choir—Virtual	16 6p AI Anon—Virtual	17 <i>Diocesan Convention—Virtual</i>
18 9a Worship—Facebook	19 5p Junior Choir—Virtual 6p St Monica—Virtual	20 6:30p Chapter—Virtual	21 9:30a Staff—Virtual 5:30p—Handbells 6:30p AI Anon—Virtual	22 4p Stewardship—Virtual 7p Choir—Virtual	23 6p AI Anon—Virtual	24 9a Mustard
25 9a Worship—Facebook	26 5p Junior Choir—Virtual	27	28 9:30a Staff—Virtual 5:30p—Handbells 6:30p AI Anon—Virtual	29 7p Choir—Virtual	30 6p AI Anon—Virtual	31

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*Our Mission: To be a Christian community that invites people into a life where
through liturgy, outreach, hospitality and education
we all discover what it means to be beloved children of God*

Cathedral Connections

By Karen Byrne

The Cathedral Life Committee has been Zooming together through the summer and doing a significant amount of administrative work (with help from Joan Sulser) to create and follow-up on points of connection and care in the Cathedral community. Captains in every Cathedral neighborhood will likely have connected with you (or attempted to connect) to check in, explore needs, and connect you with others in your neighborhood. The committee has heard back from all of our captains about efforts to connect with neighbors and has worked to update groups based on people who expressed levels of inter-

est and need. Please be in touch with me, 509-535-3181, if you haven't heard from anyone yet or have questions and thoughts about this effort. The committee will be reaching back out to captains soon to reconnect and plan some simple generosity and relational opportunities this fall.

Meanwhile, I've been getting some great training on building small groups ministries and the committee is exploring a parallel effort in creating intentional small groups. The Cathedral already has small fireside groups, Bible studies, the women's Service League and

various guilds, as well as the Brotherhood. We have folks in the larger cathedral community who are looking for additional connections, though, especially in this time we can't gather in person. More small group offerings are a way we can meet this need. We're excited these efforts line up with efforts our diocesan Canon for Discipleship (and St. John's parishioner) Andrea Farley is working on in this diocese and with leaders in the national church.

We are working to build interlocking structures of care and connection in the world where we find ourselves.