

THE CATHEDRAL CHIMES

The Newsletter of the Cathedral of Saint John the Evangelist

From the Dean's Desk

by The Very Rev. Heather VanDeventer

Dear Cathedral Family,

January 26 was the five year anniversary of the Celebration of New Ministry and my installation as Dean of St. John's Cathedral and this year's Annual Meeting was my fifth with you. I have been reflecting on the changes at St. John's over that time – beyond the changes associated with covid during these years. The Cathedral has reinvigorated and expanded the number of standing committees, those that are listed in the Cathedral's bylaws, so that the Finance, Property, Adult Faith Formation, and Stewardship committees have been joined by Outreach, Family Ministries, Cathedral Life, and Communications. Various task forces have come together to strategize and work on short term and targeted projects, drawing on the talents and gifts of various members of the congregation.

There has been care of the buildings across these 5 years. In the past few, about eighty-five percent of the lightbulbs in the buildings have been changed to energy efficient LEDs and a number of motion sensors have replaced light switches. These small, quiet changes of lightbulbs are bookended by the large, visible property project work to maintain the Cathedral itself, such as significant gutter and drain work completed in 2023.

And while some may feel like we have been in an on and off musical exile from the heights and depths of the sounds of the organ since spring of 2020, and definitely without the organ since summer 2023, the return from exile is near. Later this year the organ, with brand new electronics in the console to connect keys and pedals with freshly cleaned organ pipes, will be back in the Cathedral and you will be able to again literally feel the music praising God.

The Sunday school ministry has changed curriculum, time, and location since I arrived in 2018. The opportunity for formation and fellowship for all ages happens between the morning services, gathering at 9:15am and starting at 9:30am. There are now over 20 kids, preschool through 6th grade, involved in Sunday school and a cadre of 5 teachers. This is in addition to the youth 7th grade and older who gather with their leaders for youth Sunday school in the undercroft's youth room, and the littles who are regularly in the nursery and our nursery caregiver staff.

With Chapter's support, the Cathedral will apply to participate in the Building Bridges: Healing Divides grant in support of congregational vitality that the Diocese of Spokane has received. If St. John's is chosen to participate in this cohort, the first of two years will be spent on exploring who the Cathedral congre-

gation is today, as well as who we have been, where we are going, and how we want to respond to God's call. This exploration will happen through participation in Renewal Works and will include a survey of the whole congregation. It has been a while since the Cathedral engaged in a broad survey of the congregation – since before you called me as Dean. And over those years there have been a number of changes as congregants have died, moved, or left the congregation, while others have joined this worshipping community. I am excited for the possibilities if we are chosen and for what we can learn as we look to our past, as we engage in introspection on our personal spiritual journeys and ways those connect with one another, and as we look to the future. We have opportunities to deepen our life together as disciples of Jesus in the Episcopal stream and opportunities to connect more broadly and deeply with Spokane and surrounding communities.

In your Lenten journey, may you be fed in prayer and sustained in relationship with God. May you hear a new word, sing a new song, and be attentive to those in need. And may you be connected with friends new and old in ways that make you be curious for how God is at work in their lives and yours.

In Christ's Peace, Dean Heather

From the Priest Associate

by the Rev. Arlen Farley

Cathedral Life Update by Karen Byrne

I'm so excited to share we have a new Sunday School Director on staff, Sarah Robertson! Regular Chimes readers will have already read her columns about Sunday School and many in this community know her from her chairwomanship of Stewardship committee, co-chairing of Outreach Committee, and active participation in our parish life. Our Sunday School program has grown year by year for the last four years in a row under her volunteer leadership, shared with Lisa Church until this program year. In that same time Sarah has participated in our diocesan college for congregational development, a two-year training program in organizational and congregational development, and built peer mentorship relationships with those doing children's faith formation in other local congregations.

The work she has done the last few years has helped our congregation grow in relationships and ministries with one another across generations. Our families interface with Sunday School ministry in a variety of ways and it doesn't fit every family's needs and life rhythms, but those who don't participate in the Sunday School ministry directly still benefit from its strong presence. It's stronger presence will benefit them more.

In her new role, Sarah will expand on the work she is currently doing, overseeing Sunday School ministry, recruiting, and equipping volunteers, planning curriculum across our two classes, and ensuring safeguarding practices. She hopes to expand our class offerings in time. You'll continue to see her articles about Sunday School in the Chimes. She'll also be sending a weekly newsletter to our families with children sixth

grade and under, with hopes of cultivating and growing a learning community culture about sharing faith with our children. She'll work with in coordination with our youth formation team on bigpicture formation goals and coordination, and with me and our family ministry team in developing several community ministry offerings for families with young children, and continue to help us mark and practice the transitions in our liturgical seasons with all ages in mind. Sarah's role is an experiment, funded off budget this year, and expanding her current time of 5 hours of volunteer work per week to 8 hours paid work for the 9 months of the year we offer Sunday School. We are so happy to have her on board. Please join me in welcoming her to our staff officially and ask her about what's going on and how to support the ministry.

Winter Cross 2024

Youth from around the diocese were at Lazy F Ranch in Ellensburg on the weekend of February 16-18 for Winter Cross. Campers practiced listening to God through different forms of prayer and interaction with the story of Jonah. Delicious food, snow tubing, arts and crafts, hikes, and Eucharist somehow also packed into the short weekend!



Happy 2024 to all of us. Somehow we have moved into Lent, but here is a recap of our celebrations and sharing of fellowship in January and February:

The Cathedral and West Central Abbey ushered in the new year with a worship service, beginning on the Labyrinth and concluding in the choir. Music, message and communion were wonderful. We moved to the guild rooms for food and festivities while we watched the fireworks! January brought our Epiphany party, hosted by Family Ministry and Cathedral Life. Then came Annual meeting feasting (and, of course, business), and Pancake Sunday to usher in Lent.

Pretzels appeared on the first Sunday in Lent, thanks to our primary Sunday School class. We will see pretzels made by our secondary Sunday school class and the youth group in the coming weeks. Soup Sundays also continue! Please bring your soup skills to church! Check with Karen Byrne, Cindy Duncan, or Amanda Glover in the office about sharing your talents on March 17.

If we are in the throes of Lent, certainly Easter is around the corner. We have two glorious services on Easter, with coffee hours after each service! And we have 2nd Easter with the flowering of the Cross. All are reasons for feast, and cookies and savories are truly welcome, to feed our members and guests.

Cathedral Life meets on 2nd Thursday, by Zoom. So many of us are so grateful to see how the parish has stepped up to keep us fed by the fellowship and care that results from social time together. We dream dreams of friendship and service while we hang out in the Great Hall and other parts of this place we love.

A Report on Communion Practices

Looking Forward to EXPO's 50th

by John Wallingford

During October and November, the in-person Sunday forum discussed theology and practices of the Eucharist and communion over Christian history. The last sessions invited sharing of how one receives the consecrated wine and why. Chalice bearers, vergers, and clergy all see and have discussed that a sizeable portion of the congregation continues to choose to receive the consecrated wine via small individual cups, a practice begun in 2021 during COVID. The clergy have also observed that services with smaller attendance – the Sunday 8am, Saturday 5:30pm, and Wednesday noon – tend to have a high percentage of people receiving from the chalice.

Those who receive the consecrated wine via the individual cups give these reasons for making that choice: the reality of germs shared, even though they are generally healthy; being immunocompromised or having a family member who is; it is easier for their children to receive from the small cups (and without concern of spilling); and a handful of people note that they received via individual cups in prior traditions and so that way of communion feels comfortable for them.

Those who shared why they prefer to receive the consecrated wine via the chalice noted that they have received from the chalice across much of their lives and/or they appreciate the symbolism of one shared cup as a metaphor of being united in the Body of Christ. Others also note that they make different choices when they are not feeling well, from staying home to receiving the wine via individual cup to not receiving the wine on those Sundays.

What do you get when you put an Evangelical, a Mormon, a Jew, a Tribal elder, and an Episcopalian into the same room and ask if their faith matters in how they care for the environment? The Cathedral will host exactly that discussion on May 29 at 7pm, an event to celebrate EXPO'74 offered jointly by the EXPO Environmental and Tribal committees. These folks are extraordinarily well informed. Margus Cole was until just recently the outreach person for the Evangelical Environmental Network, a national effort out of Atlanta. He is now with Georgia Interfaith Power and Light. Paige Checketts heads the Mormon Environmental Stewardship Alliance out of Salt Lake. Yoshi Silverstein from Cleveland leads the mitsui collective, teaching what it means to have one's faith embodied. Barry Moses is not only leading the preservation of Salish as an endangered language whose bloodline is from one of the last true Spokane Tribe spiritual leaders, and Melanie Mullen is the Director for the National Episcopal Church on Reconciliation, Justice, and Creation Care. Mark your calendar to join me and my co-host Warren Seyler from the Spokane Tribe for an exciting even-

It is fitting that the Cathedral bring these religious voices together; that is what the last two Hope for Creation Conferences aimed to do. This time we have succeeded in bringing new voices to the table who are affiliated with large faith communities in the greater Spokane area. You might have noticed in February 18th's Spokesman Review that the list of religious leaders attending the 1974 EXPO included the dean of St Paul's Cathedral, London, the provost of England's Coventry Cathedral, the Presiding Bishop of the Protestant Episcopal Cathedral, and dean of Washington National Cathedral, amongst others. Thanks to Stan Fergin for his great work then. I'd like to think we've cast a wider net of communities of faith for the 50th anniversary of EXPO, playing our role as intermediary and host. Many faith communities that have joined the previous Hope for Creation Conferences will join once again.

Because these leaders have agreed to come from great distances, we are booking them for additional engagements like a discussion on Jubilee and land ownership rights, a worship service focused on environmental care, a docent-led hike up Stevens Creek or along the Palisades, an informal tea, a yoga session on the community stage at Riverfront Park, and even a guest preacher for June 2. What originally was just an evening event has grown into a short week with many offerings.

One other 'event' kicking off EXPO that is not related to our offerings but might be of interest to you is the SpoCanopy tree planting effort the week of May 4. It would be great to have a contingent from the Cathedral. Stay tuned for details about all these added events.

As always, we are looking for Parishioners who would like to help host some part of the many events. So if you'd like to meet and get to know one of these guests a little bit more than just in passing, and can help for one of the many added events, or if you're interested in tree planting, please let me know by emailing me at jewallingford@gmail.com.

A Moment for Environmental Stewardship

by John Wallingford

The Wizard and the Prophet, a 2018 book by Charles Mann, tells how two persons of stature in the generation before today, advocated opposite views on how to address the challenges facing humanity. Norman Borlaug won the 1970 Nobel Peace Prize for his work on plant breeding that greatly increased food crop yields. He succeeded by meticulous cross breeding thousands of strains, with twice a year plantings in Mexico (something nobody in their right mind would even dream to do), finding strains that both had enormous yield and were short, so that the heavy head of grain would not lodge, ie, fall over under its own weight. It was the green revolution, feeding hundreds of millions of people. But the production requires great quantities of both water and chemical fertilizer, hmm. Borlaug saw technology as the tool to address needs.

The other person, William Vogt, was hired to manage the guano deposits on islands off the coast of Peru. Hitherto the 1940's guano was the global agricultural fertilizer. Vogt learned that ocean temperature along the coast (the El Nino) determined the production of plankton and thus the anchovies on which the Guanay cormorants fed. An El Nino year raised the surface temperature, the cold water where the phytoplankton thrive is pushed down, the anchovies don't feed, the birds flee or die from lack of food. guano is not formed. Vogt and his mentor, Aldo Leopold looked at the whole interconnected system and created the scientific field of ecology. (The first person to describe the whole interconnected ecosystem was Humbolt, whose seminal observations in Peru are memorialized in his namesake, the Humbolt current). Vogt thought living within the carrying capacity of the environment was necessary to survival.

The Episcopal church embraces both points of view (so very via media of us). We are engaged in Care for Creation, we go to international COP meetings. And while we shade toward Vogt, placing ourselves within nature, we are supportive of Borlaug's belief in technology as a tool. Humankind must care for the resources at our disposal and also utilize the resources responsibly. This application of faithbased values is dynamic; the challenges we face today have today's technology to use; but tomorrow presents a new set, requires new deliberation. How will we manage AI? Functional MRI scans can now decode the electric signals of another individual's thoughts. The population of humans on Earth is projected to peak during our children's lifetimes, and the decline that follows will have its own challenges. One proposed "black swan" event that plausibly could disturb the 2024 election is discovery of extraterrestrial intelligence. In an age where misinformation and disinformation are common, how do we teach our children to discern what is true, what is right?

These questions illustrate why faith is key. We have to manage climate change, AI, computer mind reading, contact with extraterrestrial life and the discernment of truth through the lens that faith provides us: the practice of faith shows how we love God and our neighbor and in a way that protects the dignity of every human being; and I hope the church will amend, all of creation.

Why Participate in Stewardship?

by Tom Stice

There are many tasks and jobs that use your Stewardship funds, but one stands out above all. Our abundance of musical offerings during every Sunday, and certainly Christmas and Easter celebrations, are what sets St. John's above all other congregations for miles around. All of our music performances are organized, rehearsed, and arranged by Dr. Andrea Olsen. Choral scholars lend their skills within the choir to support and lead the choir and congregation. Byrl Cinnamon is one of very few in the US who plays a live Carillon on Sundays, then dons a robe and joins the choir. Throughout the year, there is a Music Series of performances in the Cathedral, highlighting local and national talents. Our Junior Choir and Cathedral Ringers lend their talents to thrill your ears during the service. Our pianist, Dr. Hsia-Jung Chang, a highly educated and professional musician, plays our Steinway piano with exceptional talent. Orchestra performances, especially brass ensembles and string quartets, echo inside the Cathedral and give you pause with their clarity of sound. All of these people who perform in our space receive funds from your donations.

The Cathedral is an intentionally resonant space, designed 100 years ago to make all music heard in a spectacular fashion. So, the next time you're thrilled by a song, a musical chord that sends a tingle down your spine, you catch yourself humming a familiar tune, or when you attend a concert in the Cathedral, think how your Stewardship funds support these activities.

Annual Meeting Minutes

The Parish Annual Meeting took place on Sunday, February 4. Minutes from this meeting are now available for download via the Chimes email, or you can pick up a paper copy from the Cathedral Office.

Music Notes

by Dr. Andrea Olsen

"Fast away the old year passes... Fa la la!"

Happy New Year! Happy Epiphany! Here we are in the season of Lent... it doesn't seem possible that time is moving so quickly!

Our Cathedral ensembles have been busy preparing glorious music for our regular and special worship services, including a medley of Shine Jesus, Shine! and Jesus is the Light of the World, called Shine, Jesus! The Light of the World which I arranged especially for the Junior Choir. Charles Woods' Magnificat & Nunc dimittis in G is a delightful 3-part offering used at the Evensong for Epiphany service on January 21st. We rounded out the Epiphany season with a combined offering of Alleluia! Songs of Gladness for Congregation, Choir, Handbells, and Hand Percussion (by the Junior Choir), Lux Christi (in its full arrangement for Children and Adult Choir as well as piano and Handbells, as we marched triumphantly to "the Light of God" (and to the Great Hall!) on Sunday, February 11th before heading into the more somber music of Lent.

For Epiphany I introduced a new (to us) setting of service music from Tony Alonso's Mass of Christ: Light of the Nations. A Latin Grammy nominated composer of sacred music, Alonso's works "embrace multicultural musical expressions and reflect a commitment to strong ritual song" allowing flexibility for their use by varying musical forces with options for expansion to include additional instruments and voice parts. Alonso's Responsorial Psalm was used for the first Mass Pope Francis celebrated in the United States, and his award-winning scholarly works in theology address the diverse realities of religion in contemporary

culture. He is currently Aquinas Assistant Professor of Theology and Culture at Candler School of Theology at Emory University where he also serves as the inaugural Director of Catholic Studies.

I chose Alonso's service music as I feel it captures the light, life and love our cathedral congregation and greater cathedral community represents, and indeed, his dedication reads: I dedicate this setting to the many women religious who daily bear the light of Christ to the whole people of God. I have received such great feedback on this set of Service Music and am delighted to continue its use through the Lent season as we explore the works alternate verses and movements applicable for the season. I hope you continue to join us in singing it each week as its beauty refreshes and revitalizes you!

At the end of January, we were thrilled to house the *Pacific Youth Choir* from Portland, Oregon as they participated in the 2024 AC-DA (American Choral Directors Association) Conference held here in Spokane. Many of you reported that it was a delight to see and hear their young energy bouncing around the rooms of the cathedral as well as seeing them perform at the myriad ACDA Conference concerts at the Fox and on Gonzaga's campus.

As part of the St John's Music Series the Music Ministry presented a beautiful *Evensong for Epiphany* Service on February 7th, and on February 11th, we welcomed *Yun-Jung Park, piano* and *Kevin Hekmatpanah*, *cello* for their recital at 3:00pm, performing *Brahms*' 3 Sonatas for Piano and Cello.

We were delighted to welcome the Concordia Choir on their northwest tour. They performed at the Cathedral on Wednesday, March 6th. Thanks to the Cathedral Choir members who provided dinner for the over 70 students that comprise Concordia's choir. We were elated to host this elite group of college singers and share in an evening of gorgeous music!

Thank you for your continued support of the Cathedral Music Ministry and the St. John's Music Series! It is our joy and delight to enrich your worship experience each week, offering beautiful music and music-making to our congregation and greater Spokane community!

Hosanna in the Highest!



Pictured above and below: the Pacific Youth Choir and conductor Kendra Kay Friar after rehearsing in the Cathedral.



Holy Week at the Cathedral

Saturday, March 23—Eve of Palm Sunday

5:30pm—Liturgy of the Palms and Holy Eucharist

Sunday, March 24—Palm & Passion Sunday

8am—Holy Eucharist with Palms and Passion Narrative (Rite I)

10:30am—Holy Eucharist with Palms Procession and Passion Narrative (Rite II with Music)

Monday, Tuesday, Wednesday of Holy Week

7am – Holy Eucharist Noon – Holy Eucharist

Thursday, March 28—Maundy Thursday

7pm—Holy Eucharist and Stripping of the Altar

8pm – midnight – Keeping vigil at the Altar of Repose

Friday, March 29—Good Friday

7am—Good Friday Liturgy with communion from the Reserved Sacrament

12pm—Service of the Three Hours with the Good Friday Liturgy and Reflections on the Cross from the Women Disciples with music

7pm—Good Friday Liturgy with music

Saturday, March 30—Holy Saturday

10am—Holy Saturday Liturgy

Saturday, March 30—The Great Vigil of Easter

7pm—Holy Eucharist

Sunday, March 31—Easter

8am—Festive Holy Eucharist with Music

10:30am—Festive Holy Eucharist with Music and Brass

Thank You to all who donated to Christmas Flowers & Music

Aaron & Becky Duncan Katherine Karr-Cornejo

Andrea Olsen

Anne Lauderbaugh

Courtney Weiler

Damian Carruthers

Damian Putney

Marguerite Green

Meredith Shimizu

James & Elizabeth Rosenzweig Michele Toly Emily Moreno Nancy Lottman

Eric Moe Otto & Denny Schatz

Heather VanDeventer **Robert Stevens** & David Gortner Samuel Buzby Jack Downs Shauna Johnson James Stewart Stephen Thew John Marvin & Pam Kohlmeier Jule Schultz Steve & Carol Vigus John & Karen Wallingford, Tracy McDonald in loving memory of Vanessa Wall

William Webb



Hanging Flower Baskets for Sale

Back by popular demand, Altar Guild will be offering hanging flower baskets for sale for \$33 each. The 12" baskets are fresh, colorful, and healthy as they are grown by a local greenhouse in many different flower and color combinations. Funds raised support the Altar Guild, whose funds stay at the Cathedral. We know many of you purchase baskets each spring, so we hope you purchase from us and benefit the Cathedral at the same time! Order forms are available on usher tables, in the cathedral office, and via link provided in the Friday e-blast. Orders are due by March 24, and baskets are ready for pick up on Saturday, May 4.

Donate to Easter Flowers and Music!

The Altar Guild and Music Ministry are looking forward to filling the Cathedral with beauty for Easter services. Special décor and music is possible only through generous gifts from members and friends of the Cathedral. Please contribute now! Make checks payable to "St. John's Cathedral" and mark them for Easter Flowers or Easter Music. Please note in whose honor the gift is given. After Easter, The Chimes will publish a list of all those in whose honor Easter decorations were given. Thank you!

Regina Manser

Karen Martin

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6	7	8	9
8a Eucharist 9:15a Forum 10:30a Eucharist	6:30p Youth Symphony	5:30p Prayer Group 6p MA	11a Bible study 12p Eucharist 5p Expo Planning 5:30p Al Anon 7p Concordia Choir Concert	9:30a Tapestry 11a Adult Faith Formation 5p Jr. Choir 5:30p Bells 7p Choir	10a Knitters 5:30p Mental Health First Aid Training 6p Al Anon	9a DAR 9a Mental Health First Aid Training 4p Youth Group overnight 5:30p Eucharist
10	11	12	13	14	15	16
8a Eucharist 9:15a Forum 10:30a Eucharist 12p Altar Guild	4p Service League 6:30p Youth Symphony	4p Finance 5:15p Hope for Creation Prep 6p MA 7p Centennial Steering	11a Bible Study 12p Eucharist 3:30p Girl Scouts 6pm Forum 6:30pm Al Anon	9:30a Tapestry 5p Jr. Choir 5:15p Property 5:30p Bells 7p Choir 7p Cathedral Life	10a Knitters 6p Al Anon	1p Bill Dickson funeral 5:30p Eucharist
17	18	19	20	21	22	23
8a Eucharist 9:15a Forum 10:30a Eucharist 2p Yoga	6:30p Youth Symphony	5:30p Prayer Group 6p MA 6:30p Chapter	11a Bible Study 12p Eucharist 6p Forum 6:30p Al Anon	9:30a Tapestry 5p Jr. Choir 5:30p Bells 7p Choir	10a Knitters 6p Al Anon	5:30p Eucharist
24	25	26	27	28	29	30
Palm Sunday	7a Eucharist 12p Eucharist 6:30p Youth Symphony	7a Eucharist 12p Eucharist	7a Eucharist 12p Eucharist 6:30p Al Anon	7p Maundy Thursday service 8p Choir	7a Good Friday Service 10a Knitters 12p Good Friday Hours Service 6p Al Anon 7p Good Friday Service	10am Holy Saturday Liturgy 7p Easter Vigil
			Holy Week			
31 Easter 8a Eucharist 10:30a Eucharist	April 1	2	3	4	5	6
	Cathedral & Offices Closed	5:30p Prayer Group 6p MA	11a Bible Study 12p Eucharist 6:30 Al Anon	9:30a Tapestry 5p Jr. Choir 5:30p Bells 7p Choir	10 Knitters 6p Al Anon	5:30p Eucharist

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The Cathedral Chimes (USPS 093340) is published across the liturgical seasons by Cathedral of St. John the Evangelist 127 E 12th Ave Spokane, WA 99202-1199 Periodical Postage Paid at Spokane, WA

Address Service Requested

Our Mission: To be a Christian community that invites people into a life where, through liturgy, outreach, hospitality and education, we all discover what it means to be beloved children of God

Worship Services

Sunday

8 a.m. Holy Eucharist Rite I 10:30 a.m. Holy Eucharist Rite II 11:30 a.m. Outdoor Communion

(Welcome center patio)

Wednesday

Noon Holy Eucharist Rite II

(North Transept)

Saturday

5:30 p.m. Holy Eucharist

Modified Rite II (North Transept)

Moving? New phone number? Let the office know: cathedraladmin@stjohns-cathedral.org

Windfall

The Windfall is open Thursday, Friday, and Saturday with regular hours: Thursday and Friday 12:30pm-5:30pm, and Saturday noon-5pm. Come visit us at 1024 S. Perry. Donations are currently being accepted at the store during business hours.

Save trees and reduce costs—subscribe to the emailed *Chimes*: cathedraladmin@stjohns-cathedral.org

The deadline for the Easter *Chimes* is **Tuesday**, **March 12**.

